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The listing of claims will replace all prior versions and listing of claims in the application: Listing of Claims;

- Claim 1. (currently amended) A water-dispersible, freeze-dried bioavailable complex of coenzyme Q-10 and one or more of α-, β- or γ-cyclodextrin, wherein the molar ratio of cyclodextrin to coenzyme Q-10 rages from about 0.5:1 to 10:1.
- Claim 2. (canceled) The complex of claim 1, wherein the molar ratio of cyclodextrin to coenzyme Q-10 rages from about 0.5:1 to 10:1.
- Claim 3. (currently amended) The complex of claim 1 2, wherein said molar ratio ranges from about 1:1 to 2:1.
- Claim 4. (original) The complex of claim 1, wherein said cyclodextrin is one or more of β-cyclodextrin or γ-cyclodextrin.
- Claim 5. (original) The complex of claim 1, which formulated into one or more of a topical preparation, a sublingual formulation, or for oral ingestion.
- Claim 6. (currently amended) A method for making a water-dispersible complex, which comprises the steps of:
 - (a) preparing an aqueous slurry of a complex of coenzyme Q-10 and one or more of α-, β- or γ-cyclodextrin by adding coenzyme Q-10 to an aqueous dispersion of one or more of α-, β- or γ-cyclodextrin, wherein the molar ratio of cyclodextrin to coenzyme Q-10 rages from about 0.5:1 to 10:1; and
 - (b) drying by one or more of spray drying, vacuum-drying, or freeze drying, said aqueous slurry to produce said complex.
- Claim 7. (canceled) The method of claim 8, wherein the molar ratio of cyclodextrin to coenzyme Q-10 rages from about 0.5:1 to 10:1.
- Claim 8. (currently amended) The method of claim 6 7, wherein said molar ratio ranges from about 1:1 to 2:1.

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- Claim 9. (original) The method of claim 6, wherein said cyclodextrin is one or more of β-cyclodextrin or γ-cyclodextrin.
- Claim 10. (currently amended) A method for administering to an animal a bioavailable coenzyme Q-10 complex, which comprises the steps of:
 - (a) preparing a water-dispersible complex of coenzyme Q-10 and one or more of α-, β- or γ-cyclodextrin by adding coenzyme Q-10 to an aqueous dispersion of one or more of α-, β- or γ-cyclodextrin, wherein the molar ratio of cyclodextrin to coenzyme Q-10 rages from about 0.5:1 to 10:1; and
 - (b) administering said complex to an animal.
- Claim 11. (original) The method of claim 10, wherein said animal is a human.
- Claim 12. (original) The method of claim 10, wherein said complex is ingested by said animal.
- Claim 13. (canceled) The method of claim 10, wherein the molar ratio of cyclodextrin to coenzyme Q-10 rages from about 0.5:1 to 10:1.
- Claim 14. (currently amended) The method of claim 10 43, wherein said molar ratio ranges from about 1:1 to 2:1.
- Claim 15. (original) The method of claim 10, wherein said cyclodextrin is one or more of β-cyclodextrin or γ-cyclodextrin.
- Claim 16. (original) The method of claim 10, wherein said complex is prepared by freeze-drying.
- Claim 17 (cancelled).
- Claim 18 (cancelled).
- Claim 19. (original) The method of claim 10, which formulated into one or more of a topical preparation, a sublingual formulation, or for oral ingestion.

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Claim 20. (original) The method of claim 13, wherein said cyclodextrin is one or more of β-cyclodextrin or γ-cyclodextrin.

Claim 21. (canceled)

Claim 22. (canceled)

- Claim 23. (New) A method for making a water-dispersible complex, which comprises the steps of:
 - (a) preparing an aqueous slurry of a complex of coenzyme Q-10 and one or more of α-, β- or γ-cyclodextrin by adding coenzyme Q-10 to an aqueous dispersion of one or more of α-, β- or γ-cyclodextrin at room temperature using homogenization followed by storage under refrigeration; and
 - (b) drying by one or more of spray drying, vacuum-drying, or freeze drying, said aqueous slurry to produce said complex.
- Claim 24. (New) A method for administering to an animal a bioavailable coenzyme Q-10 complex, which comprises the steps of:
 - (a) preparing a water-dispersible complex of coenzyme Q-10 and one or more of α-, β- or γ-cyclodextrin by adding coenzyme Q-10 to an aqueous dispersion of one or more of α-, β- or γ-cyclodextrin at room temperature using homogenization followed by storage under refrigeration; and
 - (b) administering said complex to an animal.